

**Year 3 Curriculum subject plan**  
**PSHE**

<b>YEAR 3</b>	<b>AUTUMN</b>		<b>SPRING</b>		<b>SUMMER</b>	
	Me and My Relationships	Valuing Difference	Keeping Myself Safe	Rights and Responsibilities	Being My Best	Growing and Changing
	<p><b>Relationships</b> <i>Children will be taught:</i></p> <ul style="list-style-type: none"> <li>• To recognise and respond appropriately to a wider range of feelings in others.</li> <li>• That their actions affect themselves and others.</li> <li>• To listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to recognise and care about other people’s feelings and to try to see, respect and if necessary, constructively challenge their points of view.</li> <li>• To recognise and manage ‘dares’.</li> <li>• To recognise that they many experience conflicting emotions and when they might need to listen to their emotions or overcome them.</li> <li>• That pressure to behave in an unacceptable, unhealthy or risky way can come from a variety of sources, including people they know and the media.</li> </ul> <p><b>Health and Wellbeing</b> <i>Children will be taught:</i></p> <ul style="list-style-type: none"> <li>• School rules about health and safety, basic emergency aid procedures, where and how to get help.</li> <li>• To differentiate between the term, ‘risk’, ‘hazard’, and ‘danger’.</li> <li>• To recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong.</li> <li>• The importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others.</li> </ul> <p><b>Living in the Wider World</b> <i>Children will be taught:</i></p> <ul style="list-style-type: none"> <li>• Why and how rules and laws that protect themselves and others are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules.</li> <li>• To resolve differences by looking at alternatives, seeing and respecting others’ points of view, making decisions and explaining choices.</li> <li>• To think about the lives of people living in other places, and people with different values and customs.</li> <li>• To explore and critique how the media present information.</li> </ul>					

